Rich’s Update

All,

Well it’s been a great month...we are hiring good folks, solidifying our business development and strategic planning processes, and really starting to make a difference within the BU. I can really see the positive impact each of you is making to the effort, and I appreciate your dedication and hard work.

I recently have finished my round-robin visits to each office. I really enjoyed seeing old faces, meeting new employees, and chatting about the company. We intend to have senior management visits on at least a quarterly basis, and the next visits will be made by Cary Ellis in the October timeframe. He will focus on the AMTI path forward, rather than my discussions on where we have been since the acquisition and a status of the integration. Stand by for news of his scheduled visits, and I encourage all to make every effort to attend and hear where AMTI is heading in 2008.

As I mentioned during my office visits, I have made several strategic personnel changes based on our ongoing

(RICH Continued on Page 2)
need to organize and staff the AMTI operation to best function within the larger SAIC. Chief among these are Jim Papineau to Strategic Initiatives Group; Steve Powell to division manager; Mike McCutchen to ALMBOS Capture Management; Leigh Madden to Strategic Planning and Business Development; Van Hall to division manager; Bob Armstrong to division manager; and last but not least, Tom Lindenmeyer to Strategic Planning and Business Development. I wanted to take the time to personally thank each of these key individuals for their sacrifice and loyalty to AMTI in accepting their new positions. In many cases, they placed their personal desires aside to accept new roles requiring their unique backgrounds, experience, and bonafides. For example, it took some amount of time to cajole Tom into accepting his new BD position, as he is of course deeply attached to the Charleston SE&I Division, which he is solely responsible for standing up. Notwithstanding, Tom answered the call and is key to our ongoing success at a higher level within the company. Thank you Tom.

I am no exception. As the entire company has been informed, I will be moving up the ole corporate chain and supporting the AMTI Operation from a loftier seat with Mr. Papineau. Cary Ellis has taken over as the AMTI Operation manager, and we will do our very best to assist Cary, AMTI, and the BU in achieving every success this year and helping to plan our business strategy for the out-years. Jimmy and I are excited and energized to be players within Cary Ellis’ Strategic Initiatives Group and will continue to be hanging around the farm for some time to come...so don’t believe for an instant that y’all have gotten rid of us yet. My personal congratulations to Cary in his promotion, and I know that all of you will support him as he takes over the helm, as you have supported Jim and I before him. Congrats Cary and well done, my friend!

I look forward to the remainder of the year, and I continue to be impressed with all of your individual and collective efforts in support of AMTI...thank you!

There's a New QA in Town!

Effective immediately, Chris Hudson is assigned as the AMTI Quality Assurance (QA) manager and the senior management representative for ISO 9001:2000. As the AMTI focal point for all quality-related matters, she is responsible for and is granted the authority to manage our efforts to maintain ISO certification; advance programs as directed by the operations manager; and provide information, direction, and training to our staff. Additionally, Chris is responsible for maintaining ISO certification at other AMTI locations, as directed.

As QA manager, Chris is charged with assuring our quality management system is implemented at all levels of the organization and shall act as the AMTI liaison for third-party QA auditors and consultants. Additionally, she is responsible for reporting to the operations manager and senior management the progress and implementation of our quality system.

Please direct questions you may have related to QA and ongoing improvements of our business processes to Ms. Hudson.

technical approach in hopes of providing SERDP/ESTCP with suggestions to advance their mission: to improve the detection, discrimination, and remediation of UXO and accelerate the cost-effective cleanup of contaminated sites.

Right now, there are an estimated 31 million pounds of old ordnance, such as bombs, projectiles, and chemical materiel on the world's ocean floors, that the U.S. military has dumped during routine inventory depletions, emergency disposal operations, and live-fire training exercises at sea. To make matters worse, the amount of UXO discarded by foreign entities is unknown.

“The DoD doesn’t have a clear plan for dealing with UXO in shallow water,” said John. “Our poster presentation pointed out that they also have a problem in the deep and ultra-deepwater environments as well, which was an eye-opener for them.”

“They [the DoD] also don’t have the ability to deal with the issue right now,” Lynn added. “The ocean is a large space, and when munitions are dumped ad-hoc, it is difficult to know where they are. The Navy just always thought the UXO being dumped were deep enough—that it would never be a problem; however, rapidly evolving technology within the oil and gas industry is taking us to those, as well as full-ocean depths now.”

John and Lynn conveyed that DoD agencies are not the only ones concerned with the hazards these once-forgotten items now pose. Today, as innovative private-sector energy corporations venture off the coasts in search of oil and gas reserves, they are coming into contact with these potentially lethal targets. As a result, the U.S.
AMTI Goes Back to School

Mike Kahly, a systems analysis in Hanahan, South Carolina, set a precedent as the first AMTI employee to attain Platinum status in the SAIC Frequent Learner Program. While serving as a field service representative deployed to Iraq in support of the Triton Program, he has completed 50 SkillSoft courses. Mike also found the technical material available on Books24x7 to be useful in his professional development.

“His dedication to continuous improvement is a testament to his character, adds great value to the customers he supports, and makes effective use of some of SAIC’s extensive corporate resources,” said Charleston Division Manager Bob Armstrong. “Well done, Mike!”

SAIC University offers a plethora of options to continue your education. After logging into the site, you can either peruse the course catalog or conduct a specific topic search. If you don’t have the immediate time available to dedicate to all of your selections of interest, they can be added to your portfolio and returned to at a later date.

Log onto https://issaic.saic.com/training/elearning/ for more information

Want to take your SAIC University education to the next level? Participate in the My eLearning Challenge IV! The contest runs from 13 August to 31 December and each month provides three participants with the opportunity to win $25 to $100 gift cards. The only stipulation is that employees must score 70 percent or higher on each course test. The amount of the card is determined by the number of courses taken:

- $25 gift card – 2 to 4 courses
- $50 gift card – 5 to 9 courses
- $100 gift card – 10 or more courses

Monthly drawings will occur:

- 5 September 2007
- 3 October 2007
- 7 November 2007
- 5 December 2007
- 2 January 2008

All winners will be notified by email and/or phone no more than two days after the drawing.

Visit https://issaic.saic.com/training/my/challenge.html for all contest rules and requirements!

Special Events

AMTI employees have lots to celebrate!!

Weddings

Arlington
- July 21 – Pamela Gilchrist and Ronald Roper
- August 4 – Justine Bass and Brent Hines
- August 11 – Dave Rolph and Cynthia “Cindee” Stanley

Hanahan
- July 7 – Suzanne Savoie’s son, Michael Wagner and Meagan Todd
- August 18 – Michael St. John and Kathy Schuh

Virginia Beach
- August 4 – Jennifer and Tim Shockley renewed their vows
- August 17 – Sheena Richardson and Jason Glaser

Babies

Southern Pines
- July 20 – Andy Parada and his wife Shara had a daughter, Anna

Hanahan
- May 9 – Jeff and Racheal King welcomed a new son, Jaxon
- August 16 – Bill Rollins welcomed a new grandson, Michael

Virginia Beach
- August 9 – Derrick and Lea Jaastad had a son, Timothy

Retirements

Charleston
- August 24 – Ken Fiddie retired and became a consulting employee
Department of the Interior, Minerals Management Service has included likely UXO targets that require mitigation in several of its directives that govern the conduct of exploration operations. Pursuant to these guidelines, industry producers rely on consultants to perform geohazard surveys in all underwater environments. AMTI and C & C soon discovered that science alone could not provide these companies with the most comprehensive assessment.

A year-and-a-half ago, when one of North America’s largest publicly traded energy conglomerates initiated a seafloor construction project within the Gulf of Mexico, they contacted C & C to conduct an initial sea-bottom survey. Using geophysical survey technology, incorporated into a state-of-the-art, deepwater AUV, they identified numerous targets throughout the corridor. A string of objects—potentially UXO—that traversed the proposed route quickly became a primary concern. The energy company then contacted several DoD agencies, including the U.S. Army and Navy, to ensure the safety of those living and working around debris zone.

Under their advisement, the energy company determined that the best course of action was to augment the highly qualified scientific research team with a former U.S. Navy EOD technician, who now works as a consultant. They researched a variety of providers and contacted AMTI because of its employee base and solid reputation in this community. John, who possesses over 20 years of antiterrorism/force protection and mine countermeasures experience, deployed immediately after he got the call.

“We developed a risk mitigation strategy and series of recommendations for the oil company. Neither technology nor a single source of expertise can provide all of the answers, but AMTI and C & C are able to combine our scientific, technological, and tactical perspectives to increase the effectiveness of a project,” John said. He further added, “We can virtually cut their time conducting surveys in half by having an EOD tech on site, looking over the scientists’ shoulders to reposition cameras, get better pictures, and conduct onsite research to make identifications while underway. This also will stop work delays, which are very costly.”

“John and I play well off one another,” AMTI’s John said. “Our expertise is complementary, and together we can be effective and efficient.”

Well-Deserved Kudos!

Congratulations to Rob Chiavetta and Adriana Church for their hard work in period 6, which has resulted in Rob having the third highest number of new hires in the entire SAIC organization! Great job!!

AMTI SOCIAL COMMITTEE

After we asked for social committee volunteers in the July edition of Frontline, the following employees stepped forward:

Arlington: Tiffany Nickels
Charleston: Susan Lebel
Coronado: Colleen Vargas
Southern Pines: Art Farias
Virginia Beach: Al Becker and Sandy Spence
Lynda Stafford in Human Resources will chair the committee.

The committee will:

• Help management make decisions about fun events
• Share ideas on how to maintain the fun atmosphere at AMTI
• Initiate impromptu, informal after-work social gatherings.

Interested in joining the committee? Please contact Lynda Stafford at staffordlr@saic.com.

Two Informational Boards Developed by AMTI and C & C Technologies

(UXO Continued from Page 2)
another. I handle the initial survey planning, site investigation, geophysical interpretation, and data analysis, and he comes in after to discuss specific risks, mitigation, and remediation,” noted Lynn. In jest, she pointed out that John, in fact, is always assessing risk. “We couldn’t even get him to jaywalk at the workshop,” she teased. “There are two halves to this whole project so to speak, and John and I fulfill all needs from desktop study to clearance.”

Now that the DoD is aware of the issues commercial companies are facing during underwater exploration and construction operations, as well as the AMTI-C & C Team’s capabilities, John and Lynn are excited about working together on future projects that may transpire as a result of their attendance at this workshop. After the event, one attendee, Mr. Geoff Carton, who works with Plexus Scientific Corporation, said, “The whole underwater/military munitions issue is very interesting, but you are the only ones I met that are addressing a real need, rather than just a perceived risk,” and passed the team’s contact information along to several parties.

“The goal for us was exposure. C & C and AMTI are a one-stop shop for site investigations. It’s all about exposure,” said Lynn.

In addition to making new business contacts within the industry, “the Government can see what types of services they need to get money appropriated for,” stated John. “SERDP and ESTCP will be looking for white papers and proposals,” which is evinced by the literature regarding the funding and proposal submission and selection processes each workshop participant received.

“No other company is doing what we are doing,” declared John. “We really have the first-market advantage,” which will give the AMTI-C & C Team the competitive advantage when responding to any solicitation to provide this type of support and service. While this multidisciplinary cadre will be able to boast about a flawless record of past performance, advanced technologies, increased efficiencies, and cost savings for the customer by citing various facts and statistics, what they cannot approximate or put a dollar value on are the number of lives they may have saved due to their understanding of and commitment to munitions management, which will undoubtedly be their number-one discriminator.
Getting to Know the AMTI Facility Security Officers

Our FSOs play a paramount role in ensuring AMTI continues conducting business with our government customers. As a requirement of the Presidential Directive, NISPOM, DoD, and other government agencies, contractors are required to have an FSO at each location. Without their knowledge, expertise, and presence, our organization would suffer a significant loss in revenue, as we would no longer be able to apply for and serve on government contracts.

In their scope of responsibility, FSOs oversee numerous security measures that ensure AMTI exceeds the highest level of compliancy. Each FSO knows the NISPOM (a.k.a. the security personnel bible), maintains document currency, and applies the practices to the everyday work place. They also initiate and maintain personnel and facility security clearances; facilitate classified meetings, use of classified computers, and classified information transmission among cleared personnel and facilities; and discover and report security violations.

To ensure AMTI employees are up to date in security issues, the FSOs provide security training, briefs and bulletins via Headline News, and local briefs to small groups. In the last year, our FSOs have taken on the oversight of the export of defense articles and services. Under NISPOM, they are tasked to ensure that classified and unclassified sensitive data are protected from unauthorized access or export.

In addition to FSO, these individuals may hold two other titles. The first is an Information System Security Manager (ISSM), who is responsible for certifying and auditing classified computers periodically. The second, a Contractor Special Security Officer (CSSO), manages the security and operation of a SCIF.

To become capable of handling such responsibilities, the FSOs participate in 10 web-based classes at Defense Security Services (DSS) Academy in Linthicum, Maryland over a 6- to 18-month time period. In addition, they attend a week-long FSO program management course. For those who become ISSM and/or CSSO, there is additional training required.

DSS conducts an annual review to monitor contractor security procedures, analyzing every aspect of the entire program. In the last 12 months, each AMTI facility has received a “Commendable” rating. “This is a credit to all of the hard work the FSOs have done,” said Security Manager John Hoffmann.

Who Are The FSOs?

Cheryl Pyles

Cheryl began working for AMTI over five years ago as an administrative assistant. After two years, her hard work resulted in a promotion to a facility security position, for which she’s taken an endless list of specialized training. For the last three years, she’s ensured the Virginia Beach office has met all security-related requirements, as the FSO, contractor special security representative, and communication security custodian. As a mother of a four-year-old daughter and a five-year-old son, Cheryl has limited free time.

Joyce Turner

After serving four years in the U.S. Marine Corps, Joyce received her bachelor’s degree in business management from Saint Leo University. She currently is working on a master’s degree in Human Resources from Norfolk State University. Joyce came to the Virginia Beach office with three years in the security field. Outside of work, she enjoys spending time with her 17-month-old son.

Jeannine Mowl

Jeannine has 26 years of diverse experience with 13 years in industrial, physical, personnel, government, and information security and 3 years in the U.S. Air Force. She is a junior at Strayer University, working on a bachelor’s degree in Information Systems. “I’ve been with AMTI for two years as the FSO, CSSO, and ISSM. The ongoing joke in Charleston is that I came with the building, because Tom Lindenmayer came by and introduced himself one day as the new tenant in the warehouse. Within a few months, AMTI had taken over the entire building,” she said. When Jeannine isn’t handling Charleston’s security, she enjoys playing paintball and participating in water sports with her 15-year-old son.

However, when she does find a spare moment, Cheryl does enjoy photography and scrapbooking.

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**Sue Garner**

Sue started working as a configuration management librarian and moved to security shortly thereafter. Before her time at AMTI, she worked in security for a little over five years, dealing mostly with collateral security. Sue has served as the FSO for the Rivers Avenue building in Charleston for the last 11 months. She loves spending time with her two grown children and three grandsons.

**Aaron Honey**

Aaron graduated from Appalachian State University in 2006 with a bachelor’s degree in Theatre Design and Technology and a minor in Business Administration. He’s worked for AMTI for eight months in the Southern Pines Office as the FSO and acting ISSM. Outside of work, Aaron enjoys fishing and hunting.

**Roger Koehler**

Roger’s roles in Ponca City, Oklahoma include FSO, ISSM, and CSSO. As part of the Ponca City staff, he also is assisting in the establishment of the Universal Multispectral Laboratory, a joint venture with Oklahoma State University. He is currently serving as the Logistics Branch Officer In Charge of the 219th Engineering and Installation Squadron of the Oklahoma Air National Guard.

**Five-Year Anniversaries**

The following employees are celebrating their five-year anniversaries with AMTI!

<table>
<thead>
<tr>
<th>Name</th>
<th>Location</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>John M. McCutchen</td>
<td>Southern Pines</td>
<td>9/1/2002</td>
</tr>
<tr>
<td>Wayne K. Dowd</td>
<td>Virginia Beach</td>
<td>9/3/2002</td>
</tr>
<tr>
<td>Brenda M. Jacobs</td>
<td>Southern Pines</td>
<td>9/13/2002</td>
</tr>
<tr>
<td>Katherine Pittenger</td>
<td>Virginia Beach</td>
<td>9/23/2002</td>
</tr>
<tr>
<td>Jennifer R. Urquhart</td>
<td>Virginia Beach</td>
<td>9/23/2002</td>
</tr>
</tbody>
</table>

In addition, Maggie Byrd has been with SAIC for five years!

Congratulations, everyone!

**Products on the Move!**

“AMTI, a division of SAIC, has one of the most interesting booths so far. They were proudly showing off a prototype remote-controlled vehicle used for counter-IED measures. It looked like a kind of miniature hummer, very slick and all black. It was kind of equipped with a camera and easily traversed the terrain of the showroom and drawing a lot of attention. A navy chief warrant officer was having way too much fun driving the prototype and harassing everyone who walked by.”

This commentary came from the U.S. Joint Forces Command (USJFCOM) public affairs staff during the two-day National Defense Industrial Association (NDIA)-USJFCOM Industry Symposium on 31 July to 1 August. Bob Morris and Christian Raab represented the TSG Division in an attempt to reach a customer with whom they’d like to work. Designed to raise industry and academia awareness of joint warfighting challenges and solutions, this conference hosted speakers from distinguished military and state government leaders, including Virginia Governor Tim Kaine.

TSG hopes to make a similar impression at the Defense Systems and Equipment International in London, the world’s most prestigious defense exhibition. With an expected number of over 20,000 attendees, this event will provide the first real international exposure for AMTI in this arena. Tom Mills feels the international market could see domestic sales within two to three years.
AMTI Employees Love Their Vehicles

From the lifted Jeeps and trucks to the polished Mercedes, it is evident that AMTI employees love their vehicles. On any given day, you can scour the parking lots and view the evidence for yourself. However, there are a few employees who surpass the average automobile enthusiast and take this love one step further.

When John Herbert, an EOD specialist in Virginia Beach, bought his first car at the age of 17 for $450, the second-hand 1968 Camaro RS/SS was a rust bucket without floorboards. “When we were driving it home, I had to sit my foot on the frame cross-member that went to the motor so I could shift and put my feet on the pedals.” Later, he riveted streets signs into the floorboard to keep his feet from hitting the street similar to Fred Flintstone; the signs stayed there until 2004.

The full, frame-off restoration, a present from his wife, Theresa, for his 2004 Navy retirement, spanned two years. During that first year, for three or four hours nightly, John worked in his friend’s garage, rebuilding the motor and drive chain. Due to time constraints, a Norfolk shop handled the body work and remaining mechanics, with the help of Theresa, who located the new, old parts for the vehicle. Since finishing the lifetime process, John attends car shows whenever possible and has won several awards, venerating his hard work and sacrifice.

Assistant Vice President of Business Development Sandy Spence inherited her family’s 1937 Chevy Half-Ton pickup truck and currently is in the process of having it restored. Since February, the classic has been under the care of a mechanic and heads to the body shop in the next couple of weeks. While she doesn’t have definite plans to attend car shows in the future, there is a possibility. “I’m doing this for me...It was left to me by my dad. We drove around in it when I was a kid.” Sandy’s favorite part of the project is “talking to the folks who are doing the work. Everyone is very excited about working on such a beauty!”

Although he steers clear of regarding himself a grease monkey and states this is solely a hobby, Dave Hart, a Southern Pines program manager, is on his fourth vehicle restoration, a 1965 Mustang Fastback. In addition, he also has restored a 1970 Chevy pickup truck, in which his dad taught him to drive, a 1966 Chevy Super Sport, and a 1976 Triumph Spitfire. So far, Dave’s sold the Super Sport and Spitfire and plans to sell the Fastback. “I’m not really into the [car] shows. I just do this for fun when I have time,” he said. “I like when the car undergoes the paint job; that’s when everything comes together instead of it being a big gray thing.”

In 2002, Graphics Designer Susan Richardson discovered a 1970 Mercedes 280 SL for sale in a gas station parking lot. Despite being 37 years old, the vehicle had a solid engine and only 60,000 miles on it. After four months of waiting for parts from Germany and a new coat of paint, she was able to take it home. “I love that it’s a convertible. It definitely draws a lot of attention and is a lot of fun to drive,” Susan said.

Nik Miller, senior EOD exercise and training coordinator, is working on a 1968 Camaro, which he purchased 8 to 10 months ago. AMTI keeps him extremely busy, but he manages to find time to work on the vehicle intermittently. Nik was unavailable for comment, but his dedicated efforts and talents have not gone unnoticed.

In response, Josh Van Haelen decided to make a point about power and performance. Our “toy” pulled a 375-pound trailer load 15 feet forward, back, and repeated the task 2 more times. Too bad she wasn’t there to take the challenge of our robot pulling the load versus theirs!
IE

Division Highlights

It has been a busy, hot (really hot) summer so far in beautiful Charleston. When the team leading the fielding of the latest Triton system comes back from central Texas and mentions how cool it was there, you know they are coming back to someplace hot. The entire electronic warfare team developed creative ways to stay inside the air-conditioned portion of the Rivers building, so we stay safe and continue delivering Chameleon systems to the warfighters.

Eleven Chameleon field service representatives (FSR) deployed to Iraq last month, joining Mark Stokes (Hunter) and Mike Kahly (Triton) in-theatre. Jay Ryan took Tom Egan’s place as a Triton FSR, bringing our total number of deployed members to 14—well over 10 percent of the division. You guys are doing a great job and are no doubt laughing at us complaining about a little heat!

Our team has lots of new faces in the division: Andrew Blankenship, Hank Cain, Peter Curry, Terry Farrell, Cherry Fortune (rejoining us after a stint in Atlanta), Troy Heyward, Marc Hepp, Kim Ryan, James Tanner, and Heather Weaver. We wish successful internal SAIC transfers for Glenda Force and Corrina Trauger and celebrate Ken Fiddle’s transition from full-time to consulting employee.

Tom Lindenmayer really has been enjoying his new role as rainmaker. We always knew he was a born business developer and now he’s starting to believe it as well!

Global Client-Site Services

As the Naval Special Warfare Command (NSW) combatant forces execute the Global War on Terrorism (GWOT), a 10-member AMTI client-site team of intelligence and geospatial analysts and specialists leads the way in preparing NSW and joint forces to deploy and execute direct action and special reconnaissance missions worldwide. Under the direction of Dan Johanknecht, the AMTI Office of Naval Intelligence (ONI) site lead, this team directly supports ONI in Suitland, Maryland under Trident. They provide all-source analytical, knowledge management, liaison, geospatial, logistical, strategic, operational, and training support directly to SEAL and joint forces during pre-, real-time, and post-operations phases. They prepare forces with relevant and near-real-time intelligence; conduct liaison with interagency, joint, and interdepartmental DoD and NSWC elements; develop ONI Trident operational and analytical integration; and mentor ONI Trident training personnel to train and coordinate schooling for military reserves, government employees, contractors, and active-duty personnel for intelligence and military operations worldwide. While based at ONI headquarters or deployed abroad to war zones, the Trident team has been at the forefront of creating a new and much sought-after capability. Receiving numerous kudos regularly from client and operational forces alike, our fellow employees have aided the GWOT and, specifically, the mission success of our operational forces greatly. We are proud of their hard work, timely and accurate informational analysis, and superb intelligence-related training.

Frank Walters and Phil Navock, assigned to support the U.S. Special Operations Command Combatant Craft Program Management Office (CCPMO) since 2002, continue to provide absolutely stellar support, as senior test engineers. In this critical role, they have planned and conducted testing and provided oversight and support to the incorporation of numerous system improvements and upgrades. Frank provides offsite support from Little Creek, Virginia and Phil sits with government staff in Tampa, Florida. As a career U.S. Navy SEAL, Frank is suited ideally for his assignment, providing dedicated support to the 33-foot Special Operations Craft Riverine (SOCR) program. Frank has planned and completed acceptance trials and production quality assurance testing on over 20 SOCR craft, all in support of Special Boat Team (SBT) TWELVE (SBT) out of Stennis, Mississippi. Frank also coordinates all SOCR training for SBT TWENTY-TWO operators and maintainers, which consists of 2, five-week annual evolutions. System upgrades for the SOCR also receive Frank’s personal attention, as he has coordinated almost 50 engineering change proposals since the craft’s initial fielding. Phil is a retired special warfare combatant-craft crewman with the bulk of his time spent as an 11-meter NSW Rigid Inflatable Boat (NSW RIB) captain. He has transferred this operational experience into superior service as a subject matter expert on the NSW RIB. He also has planned and conducted acceptance trials and

(DIVISION Continued on Page 10)
production quality assurance testing on over 70 operational craft, many accepted and delivered on behalf of foreign allies under foreign military sales. In addition, Phil plays a critical role in the NSW RIB system upgrades, as he has coordinated over 70 engineering change proposals since being assigned to the office. Both Frank and Phil have proven themselves as extremely valuable members of the CCPMO contractor team, consistently providing experienced insight and knowledge to the future of the combatant craft family.

GCSS welcomes Jim Davis who will be supporting the Joint Special Operations Command (JSOC), working requirements for the J8. Jim is a recently retired U.S. Army senior noncommissioned officer, who has brought a wealth of experience from his active-duty time working at the U.S. Army Special Operations Command. He joins a team of three motivated, quiet professionals supporting communications, air, and general requirements activities. Our JSOC J6 team also is growing in support of a reachback program that Jim Fitzgerald and JSOC have been finalizing. AMTI also would like to thank Terrell Kemp, an unsung hero solely supporting the Joint Communication Unit (JCS) for the past six months. Terrell has been responsible for developing the JCU and Command, Control, Communications and Computers (C4) future concepts and the rapid prototyping integration of tactical C4.

CT & Preparedness Solutions Division

Matt Winans of the Operational Services and Support Branch within Division 1952 has spent this year proposing and selling advanced technology capabilities to the government and commercial customers. He has focused on developing new customers using quick-turnaround contracts promoting technology and camera system integrations of off-the-shelf technology. Several of his recent accomplishments include, but are not limited to, selling shipboard camera systems featuring intelligent video to the U.S. Navy. The camera system actually evaluates the geographical environment, such as a small boat approaching too close to the vessel in port, and triggers an early warning. Matt’s design has proven itself with a traveling demonstration set using the actual equipment. This is generating attention from other U.S. Navy procurement individuals having problems with the video systems installed by other contractors. He designed and tested a system that has been proposed for man-overboard situations to a large cruise line company, which continues to look promising, with the cruise line industry as a whole taking note. He has traveled to Africa, evaluating requirements and proposing solutions for natural gas platforms, which has resulted in verbal contract approval. This effort also has created additional opportunities here on the East Coast with a natural gas facility interested in increased surveillance capability. Matt continues to develop mutually beneficial relationships with vendors and other teaming partners based on his ability to unite various complimentary systems to create a value-added end-product.

John Herbert of the Counter-Bombing Branch within Division 1952 has been traveling to create a niche service with several large oil companies. With the increased price of oil and natural gas, development of off-shore drilling platforms in previously ignored areas is increasing. To attain the oil resources to shipping terminals, proposals exist to create long, seabed pipelines moving the oil to ports for loading and distribution. This has created an opportunity to research and participate in evaluation efforts of the proposed pipeline routes. Many of these areas now being considered were munitions dumping grounds or sea battle zones and are now littered with potential problems for the pipeline route. John is promoting the unique AMTI ability to research and provide qualified shipboard presence using our highly qualified U.S. Navy diver and EOD personnel to evaluate the shipboard images in real-time. The images are provided by remote operating vehicles and some will occur at unbelievable depths.

Tim Pierce, the branch manager of the Counter-Bombing Branch, just procured a large contract. AMTI designed and delivered several mobile forensics labs currently in use in hostile combat areas, providing immediate laboratory analysis of forensics collections. The popularity of this proven capability has resulted in the increase of the new contract and efforts are now underway to promote this capability to various government agencies in the United States, as well as the commercial market.

Under the management of J.B. Anderson, the Security Services Branch continues to pursue the USCG Tactical Training contract, DHS VA recompete, and the Fundamental AT/FP. Currently, the submissions for the Navy MIO and MAA are pending. The branch also has welcomed new hires Dan Hajek and Mike Rush. Most importantly, Johnny Winfield is doing fantastically well in recovering from cancer-killing procedures, and Billy Allmon will be returning to work after, yet again, defying death and the law of gravity.

(DIVISION Continued on Page 11)
Vegas or Bust!

Congratulations to James Mixon for winning the Gallup Poll Raffle! He won two roundtrip tickets for American Airlines from AMTI!

“I entered about three days after hearing about the contest. I really didn’t expect to win. I thought the survey was a good idea and wanted to get my input into the system,” James said. Although he hasn’t decided yet, possible destinations include Las Vegas, Los Angeles, Denver (for skiing), and Orlando. Most likely, James will buy an additional ticket and spend time with his children.

Just three months into his employment with AMTI, the win was a nice addition to the warm welcome he’s received. He’s “already impressed with how AMTI takes care of the new guy.” James works as a task manager supporting JSOC J8 on Fort Bragg, working research and development issues.

Again, congratulations to James and welcome to AMTI!

DTRA Officials Recognize One of Our Own!

DTRA officials broke precedent and did something altogether uncharacteristic—they sent letters of commendation to AMTI employee Rick Perri for his volunteer work with the Team America Rocketry Challenge (TARC).

“His efforts and comprehensive knowledge were instrumental in assuring the success of the challenge. Providing a positive role model for today’s future scientists is extremely important, and I commend Mr. Perri for helping today’s youths achieve their goals in the science and engineering arena,” said James A. Tegnelia, DTRA director.

TARC, the largest global model rocket showcase, encouraged 100 high school-student teams from around the country to design, manufacture, and employ a model rocket, carrying a raw egg. The object was for the robot to reach an altitude of 850 feet, remain in the air for 45 seconds, and return to the ground, egg intact. Defense Secretary Robert Gates presented the trophy, $60,000 in scholarships, and several other awards.

Deputy Under Secretary of Defense William S. Rees, Jr., stated, “…Rick Perri…participated and helped to make this a memorable event for the more than six hundred middle and high school students from around the United States who competed in the challenge…Your support enabled DDR&E to achieve a key workforce goal of attracting students to pursue careers in science and engineering, thereby ensuring America’s technological superiority into the next generation.”

During the competition, Rick interfaced with the students, explaining the DTRA mission and demonstrating a multinodal, unattended ground sensor; a portable radiation detector/identifier; and a bombot, which definitely stayed in the limelight throughout the event.

Congratulations, Rick, for a job well done!

Airline Ticket Winner!

Congratulations to the winner of our airline ticket drawing, Kristen Martinez! She was one of 275 AMTI employees who completed Certified Employee Owner (CEO) training by August 15 and was entered into a drawing for two free airline tickets. Kristen is based out of our Arlington, Virginia office, but works client-site at DHS in Washington, D.C. She is a program analyst on the Universal Adversary program.

Although the drawing is over, you are still encouraged to take the CEO training as it’s a benefit to both you and AMTI. Go to https://issaic.saic.com/eon/eoacademy/ to see the options for taking the training.

The drawing was conducted by Lynda Stafford, Penny Smith, and Haley Stamey using a random number generator in Microsoft Excel.

Contracts

This month, the Contracts Division has been focused on working with the Operations Support Services Branch on several opportunities. The first being a classified contract with Chip Tenuta, and the second being an effort with Matt Winans for installing video surveillance cameras on a ranch located in Texas. Under our GWOT contract, we have received three follow-on tasks, which include the Triton Design and Integration, CESAS LIRP Integration Support, and EOD Group II Technical and Operation Support, and one new task for the support of the USMC Crew Program. The Contract Division is gearing up for September, which will be a busy month for our department due to the Government’s attempt to spend its remaining funding for the Fiscal Year end.

Employees who completed Certified Employee Owner (CEO) training by August 15 and was entered into a drawing for two free airline tickets. Kristen is based out of our Arlington, Virginia office, but works client-site at DHS in Washington, D.C. She is a program analyst on the Universal Adversary program.

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Making Time for Your Health

Your office door won’t shut anymore because of all of the paperwork falling off your desk; spiders are making intricate, silk patterns from your ceiling fan to your mantle to the coffee table; the in-laws just called to say they’ll be in town this weekend; the only food in your fridge is a two-week-old crab cake that accosts your nasal cavity when the door opens; and you’ve resorted to wearing sweatpants to work because tackling the laundry hasn’t been an option.

If this slight exaggeration sounds all too familiar, chances are you’re as strapped for time as your neighbor, whose yard resembles the Amazon. Add kids into the mix and there’s no end in sight! The last thing you want or need is someone telling you the benefits of working out.

But what if you could exercise without disrupting too much the hectic schedule chained to your ankle? While it’s best to get in 30 minutes of daily activity, even as little as 5 or 10 minutes can increase flexibility and improve muscle strength. In addition, Toni McBride, director of Cornell’s Wellness Program, conducted a study that found “even as little as five minutes of exercise each day is enough to improve one physiologically and, more importantly, psychologically.”

The difficulty for most people is finding the time. Rich Hansen and Cary Ellis overcome this obstacle by putting in a few minutes throughout their day. Each has a pull-up bar in his office for pull-ups, triceps dips, leg lifts, and any other exercise they create. Additionally, Cary has replaced his desk chair with a stability ball that works the body’s core.

“I brought [the pull-up bar] in for stress, more than anything,” Cary said. “I used to run but it’s so time intensive and that’s always the first thing to go when you’re busy.” After five weeks of performing five minutes of activity hourly, he already has noticed an improvement. “Mentally, I feel better. I didn’t have enough energy before.”

Want to workout but refuse to buy exercise equipment? Pushups, sit-ups, lunges, and wall squats are all simple activities that don’t require a machine. After engaging in strengthening exercises like these, your muscles will still be working two hours later—doubling the amount of calories burned! Try doing 3 sets of 10 reps and work up from there.

For those trying to build arm strength, pushups have remained one of the most beneficial exercises. What do you think they do at boot camp? For those just starting off, begin your sessions with your knees on the ground. Keep your back straight, bum up, and lower yourself to the ground, keeping your elbows in tight. These will help you build up without getting frustrated. Don’t worry, they will get easier! Things to keep in mind: Keep your arms under your shoulders for now. There are variations of pushups, during which the hands are centered under the body or outstretched to the side. Try regular pushups first before moving on to the advanced kind.

Lunges are a great exercise to work the entire leg. Stand with both legs flat on the ground, inhale, and on the exhale step one leg out in front of you into a 90-degree angle. Return to the standing position. Repeat ten times and then switch legs. Do this three times. Things to keep in mind: First, don’t let your knees reach out past your feet when you are in the lunge. Second, if you have bad knees this is not the exercise for you!

Sit-ups or crunches are only effective when performed properly. Lie on the ground, hands on the back of your head, and feet firmly planted on the ground. Pull your belly button down to your spine and feel the tension here. Your abs should be constricted like this throughout the workout. Take a breath and on the exhale, raise your shoulders off the ground. Make sure to look up at the ceiling and not forward and keep your elbows straight, not cupping your ears. Things to keep in mind: Many people do this exercise incorrectly because it seems easy. However, there are many factors in

(EXERCISE Continued on Page 13)
performing correct sit-ups. Remember to concentrate on all of these to see results.

Wall squats are a great way to work your core, buns, and legs and can be done anywhere there’s a wall! Place your back against the wall and your feet two feet away from the wall. On your exhale, slide your back down the wall, until your legs form a 90-degree angle. Hold this for one breath and then return to the standing position. Things to keep in mind: Just like the lunges, you have to be careful of your knees in this exercise.

At-home workouts obviously provide more flexibility and privacy, if you prefer. Today’s market is flooded with exercise DVDs geared to time-conscious individuals. Many provide the option of tailoring the sessions to your needs by adding as many 10-minute sections as you’d like, allowing you to exercise in the morning or evening, while dinner is cooking, or during the kids’ homework time. Yoga, Pilates, step aerobics, and jump roping are great result-oriented activities that can be done in small increments of time.

Many AMTI employees already engage in such activities. John Herbert, Phil Knobel, Colin Tippins, and Paul Muir swim three times a week and play racquetball two times a week, while Susan Richardson takes morning walks along the shore. Dave and Shawn Nason take advantage of the gym at the Virginia Beach office in the early morning before work. As does Mike Crumpler. “It’s a family thing that we do every morning,” Dave said.

How can you get and stay in the habit of making exercise a part of your life? The first step is to assess your needs and preferences and pick a fun activity that meets these requirements. Conversely, if you hate running, steer clear of choosing this for your exercise. While effective, you won’t be excited about the workout and will put it off.

Find something you’re truly interested in and then track your progress. This doesn’t have to be an in-depth report, just a note of what you did in that session and how you felt mentally and physically before and after. Keep this in a place where you’ll see it on a daily basis and be reminded of your commitment to live a healthy active lifestyle. Cary keeps a running list on the whiteboard in his office of what he’s done. “At the end of the day, it all adds up,” he said.

As a continuation of our list of essential vitamins, here are the next five necessary for maintaining a healthy active lifestyle!

<table>
<thead>
<tr>
<th>VITAMIN</th>
<th>DAILY REQUIREMENT</th>
<th>SOURCE</th>
<th>BENEFITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>B&lt;sub&gt;2&lt;/sub&gt;</td>
<td>20 to 200mg</td>
<td>Meats, poultry, fish, and dairy</td>
<td>Helps the mitochondria of your cells produce energy</td>
</tr>
<tr>
<td>B&lt;sub&gt;3&lt;/sub&gt;</td>
<td>30 to 100 mg</td>
<td>Meats and fish</td>
<td>Works in the energy cycle and in tissue respiration</td>
</tr>
<tr>
<td>B&lt;sub&gt;5&lt;/sub&gt;</td>
<td>20 to 500 mg</td>
<td>Occurs widely in foods</td>
<td>Serves as an essential for the body to make glycogen and fatty acids, your main fuels</td>
</tr>
<tr>
<td>B&lt;sub&gt;6&lt;/sub&gt;</td>
<td>10 to 50 mg</td>
<td>Wheat germ, chicken, fish, and eggs</td>
<td>Serves as an essential for all stages of protein and amino acid metabolism and in making hemoglobin, the oxygen-carrying red pigment in the blood</td>
</tr>
<tr>
<td>B&lt;sub&gt;12&lt;/sub&gt;</td>
<td>3 mcg</td>
<td>Animal products</td>
<td>Serves as an essential for every cell, including red blood cells and intestinal tract lining</td>
</tr>
</tbody>
</table>

### New Employees Hired in August

<table>
<thead>
<tr>
<th>Employee Name</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chuck Monroe</td>
<td>Chandler, AZ</td>
</tr>
<tr>
<td>James Davis</td>
<td>Ft. Bragg, NC</td>
</tr>
<tr>
<td>Steve Bukowski</td>
<td>Ft. Pickett, VA</td>
</tr>
<tr>
<td>Kevin McCarthy</td>
<td>Ft. Pickett, VA</td>
</tr>
<tr>
<td>Samuel Newbold</td>
<td>Ft. Pickett, VA</td>
</tr>
<tr>
<td>Jeremy Soles</td>
<td>Ft. Pickett, VA</td>
</tr>
<tr>
<td>Kevin Stock</td>
<td>Ft. Pickett, VA</td>
</tr>
<tr>
<td>Richard Graves</td>
<td>Ft. Story, VA</td>
</tr>
<tr>
<td>Andrew Blankenship</td>
<td>Hanahan, SC</td>
</tr>
<tr>
<td>Cherry Fortune</td>
<td>NAB Little Creek</td>
</tr>
<tr>
<td>Troy Heyward</td>
<td>NAB Little Creek</td>
</tr>
<tr>
<td>Kimberly Ryan</td>
<td>NAB Little Creek</td>
</tr>
<tr>
<td>Michael Babin</td>
<td>NAB Little Creek</td>
</tr>
<tr>
<td>Gregory Barnes</td>
<td>NAB Little Creek</td>
</tr>
<tr>
<td>David Todd</td>
<td>NAB Little Creek</td>
</tr>
<tr>
<td>James Edwards</td>
<td>Virginia Beach, VA</td>
</tr>
<tr>
<td>David Lesko</td>
<td>Virginia Beach, VA</td>
</tr>
<tr>
<td>Jacqueline Powell</td>
<td>Virginia Beach, VA</td>
</tr>
<tr>
<td>Michael Rush</td>
<td>Virginia Beach, VA</td>
</tr>
</tbody>
</table>
AMTI Frontline Recognizes Erin Abraham

The day Tom Lindenmayer hired Erin Abraham, the Charleston office lacked electricity, office furniture, telephones, and all other signs of a real organization. Their new building did, however, come equipped with a swarm of ants and a lot of work. Erin remembers her unorthodox first day of work vividly, which consisted of fending off the insects with Raid, painting walls, enlisting the assistance of an exterminator, and helping with all other start-up requirements, in addition to her receptionist responsibilities.

“She just joined in and rolled up her sleeves,” Tom said.

“As soon as I met Tom, I was willing to do any job he had,” she said. “He has such a great attitude!”

Erin’s military experience serving in the nuclear power plant on the USS John C. Stennis cultivated a pursuit of quality, which fit perfectly with the AMTI culture. She transitioned into the company and civilian society more smoothly than expected. “I really missed the Navy but I didn’t want to go on another tour,” she said. “It was a difficult transition, but I don’t think I could have done it with another company.”

She quickly outgrew her role as an administrative staff member and used her associate’s degree in accounting and business to position herself as a project controller. With Erin’s attention to detail and work ethic, she oversees the highest-risk contracts in Charleston, including Chameleon, RCIED, and several small contracts. Her endless responsibilities include tracking costs, cost analysis, maintaining program financial records, and reporting vendor costs, just to name a few.

“She truly is a front runner in the PC community and a pleasure to work with,” said Finance Department Manager Lynn Schrage.

Erin, according to the BU and AMTI PC community, has the toughest tasks to maintain and on which to report. She has broken the code on Tier 1 reporting, which was unknown territory for AMTI. Through her own resources, motivation, and high standards of performance, she drilled through the mountains of training material and pulled out the first group-level reports, which received raved reviews from all.

“Erin’s work is essential to the team down here,” said Karl Voepel. “We couldn’t maintain costs or be profitable without her help.”

According to Tom, Erin has grown tremendously in her time here at AMTI, especially her accounting skills. “She has a can-do spirit and ability to take a chance...Without her, we’d have a huge hole that would take a long time to fill and require several people.”

Great job, Erin! Keep up the good work!

SO\textsubscript{x} Training Completion

Congratulations to the following employees, who completed their SO\textsubscript{x} training:

<table>
<thead>
<tr>
<th>Name</th>
<th>Name</th>
<th>Name</th>
<th>Name</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Erin Abraham</td>
<td>Kim Erskin</td>
<td>Derrick Jaastad</td>
<td>Kirk Morford</td>
<td>Michael Rinaldi</td>
</tr>
<tr>
<td>John B. Anderson</td>
<td>Laura Franklin</td>
<td>James Jacksa</td>
<td>Chuck Muller</td>
<td>Lynn Schrage</td>
</tr>
<tr>
<td>Bob Armstrong</td>
<td>Bud Fultz</td>
<td>Phil Knobel</td>
<td>James Neidig</td>
<td>Steve Seigel</td>
</tr>
<tr>
<td>Don Ashby</td>
<td>John A Gaughan</td>
<td>Dorothy Johnson</td>
<td>Timothy O’Donnell</td>
<td>Greg Smith</td>
</tr>
<tr>
<td>Elizabeth Boyd</td>
<td>Van Hall</td>
<td>John B. Landry</td>
<td>Jeff O’Konek</td>
<td>Kristopher Sotzing</td>
</tr>
<tr>
<td>Joe Brecher</td>
<td>Evelyn Harrell</td>
<td>Laura Leach</td>
<td>Jim Olson</td>
<td>Adam Stern</td>
</tr>
<tr>
<td>Cameron D. Burris</td>
<td>Dave Hart</td>
<td>Jason Link</td>
<td>James Osborne</td>
<td>Louis “Chip” Tenuta</td>
</tr>
<tr>
<td>Harold Cain</td>
<td>Bianca Hausauer</td>
<td>Paul Loomis</td>
<td>Tim Pierce</td>
<td>Ken Viera</td>
</tr>
<tr>
<td>Patrick Cameron</td>
<td>Scott P. Hausauer</td>
<td>Brian McElligot</td>
<td>Michelle Pinkett</td>
<td>Karl Voepel</td>
</tr>
<tr>
<td>Bill Clift</td>
<td>John Herbert</td>
<td>Donna McKinney</td>
<td>Steve Powell</td>
<td>Matt Winans</td>
</tr>
<tr>
<td>Mike Crumpler</td>
<td>Bruce Hinman</td>
<td>Anthony Medeiros</td>
<td>Ray Purdy</td>
<td>Robert Woods</td>
</tr>
<tr>
<td>Kathy Damron</td>
<td>Leigh Irvin</td>
<td>Paul Mitchell</td>
<td>James J. Rasmussen</td>
<td>Paul Zastrow</td>
</tr>
</tbody>
</table>
Congratulations to everyone celebrating a September Birthday!

| 1 | Robert Ratliff          | 8 | Alonzo Samuel | 16 | Penny Smith          | 24 | Eric Lynch          |
| 2 | Wayne Dowd             | 9 | Phillip Navock | 17 | Joe Franco           | 25 | Andrew Revill       |
| 3 | Andrew Lacey, Richard Nagel | 10 | "Kim" Donald Erskine | 18 | Margaret Abramson | 26 | Cary Ellis          |
|   | Tamara Schneider       |   | Michael Finley |   | Chris Whitty        |   | Bianca Hausauer     |
| 4 | David Short            | 11 | Tobias Greider | 19 | Don Ashby           |   | Debbie Ratliff      |
| 5 | Donald Whitaker        |   | Rebekah Schrage |   |                    |   | Joseph Touchton     |
| 6 | Thomas Wilson          |   |               | 21 | Steven Bowling      |   | John Walker         |
| 7 | Everett Woods          |   |               |   | John Landry         |   |                   |
| 8 | Steven Seigel          | 12 | Keith Wheeler  | 22 | James Markley       | 28 | William Brosius     |
|   | James Elliott          | 13 | James Grindstaff | 23 | Thomas Egan         | 29 | Joseph Maguire      |
| 9 | Michael Seigel         | 14 | James Mixon    | 24 | Michael Marsh       | 30 | Mike McCutchen      |
|10 | Michael Hogan          | 15 | Joel Murray    |   | Arthur Wyman        |   | Richard Measel      |
|   | Earl Matteson          |   | Christopher Swallows |   |                    |   |                   |

Our apologies to Jill Franklin and Debra Cathell, who both celebrated birthdays in August (the 6 and 11, respectively).

AMTI TTX Deemed a Success!

An AMTI Team, consisting of Rebecca McClanahan, Brian Quinn, Fred Coppell, and Craig Fraley, organized a DTRA-sponsored Tabletop Exercise (TTX) that took place at a secure SAIC Advanced Intelligence Solutions Operation (AISO) facility in Alexandria, Virginia from 17 to 19 July. According to Lyndon Wrighten, the DTRA lead system engineer and exercise coordinator, the results of the event “will enable DTRA’s senior leadership to make informed decisions on investment technologies that fight weapons of mass destruction.”

The government agency declared the TTX, which was held to evaluate technology improvements, highly successful and plans for a future iteration. High-ranking attendees included Chief of Staff Ronnie Faircloth and Deputy Director General Randall Castro from DTRA and several White House officials.